

CHILDREN AND FAMILIES OVERVIEW AND SCRUTINY PANEL

17 JANUARY 2023

STARTING WELL PARTNERSHIP – SCHOOL HEALTH NURSING SERVICE

Summary

1. The Interim Director of Public Health and representatives from the Herefordshire and Worcestershire Health and Care NHS Trust (HWHCT) have been invited to attend the meeting to provide an update on latest developments in relation to the Starting Well Partnership (SWP) Service with a focus on the School Health Nursing service.

Background

2. The Panel has requested an update report on the SWP service to:
 - a. give the context of where the School Health Nurse (SHN) service is situated
 - b. explain how the SHN role has changed in response to children and young people's (CYP) needs
 - c. provide information about the current engagement process taking place with schools and children/young people and to understand their needs from the service
 - d. highlight the impact of Covid on staffing issues and difficulties to recruit

The Starting Well Partnership

3. The SWP has delivered public health nursing services for children, young people and families across Worcestershire since April 2020 and is funded by Worcestershire County Council Public Health. Led by the HWHCT, the Partnership brings together professionals from Barnardo's, Action for Children, and Redditch Borough Council to support 'parents to be' and their children during the early years and as they move through school towards adulthood.
4. Working alongside local organisations and community groups including schools, the Partnership identifies and addresses health and wellbeing needs by empowering families and young people to access support networks and groups in their local community.
5. Six district teams bring together Health Visitors, Parenting Support Workers, Community Nursery Nurses, School Health Nurses (SHNs), Health Care Support Workers (HCSWs), Volunteer Coordinators, Community Health Connectors, Business Support Officers, and Administrators to deliver services into their local communities.

Worcestershire's School Health Nursing offer

Provision	Summary	Current position
Annual Conversation with Schools	Each year the named SHN will meet with each school to discuss the SHN provision for the coming year. It is to also understand the needs of each school.	Due to staffing capacity the schools in the most deprived areas have been prioritised.
Access & Response – ART (Triage)	SHNs assess and triage each incoming referral, ChatHealth message and School Screener response that comes into the service. This is to ensure a streamlined, consistent response.	SHNs cover the ART every day 8.30am - 4.30pm.
School Screener health needs assessment questionnaires	<p>The early identification of the child and young person's needs is gained using the School Screener health needs assessment questionnaires. SHNs use a needs assessment to determine targeted interventions which can be met within the service or the need for more specialist interventions that require referrals or clear signposting.</p> <p>The SHN will provide health needs assessment at three key transition points:</p> <ul style="list-style-type: none"> •Reception (4-5 years old, completed by parent) •Year 6 (10-11 years old, completed by young person) •Year 9 (13-14 years old, completed by young person) 	<p>Due to the staff capacity issues, the schools within the most deprived areas received the school screener questionnaire in September 2022 within the reception years. The SHNs are currently responding to and actioning these. In January 2023 the Year 9 school screener assessment questionnaires will be provided to young people in the schools within the most deprived areas. In the spring term, the Year 6 children will partake in the questionnaires.</p> <p>Once fully staffed, all the schools within these 3 age groups will receive the questionnaires, not just those within the most deprived areas.</p>
School Screener 'COHORT' Data outcomes	<p>School Screener health needs assessment questionnaire results also produce 'cohort data' themes for the individual schools e.g., 'bullying, obesity etc. Together with National Child Measurement Programme (NCMP) results this information can also be shared with schools by the SHN when discussing school profiles.</p> <p>Actions may include 'Health Clubs' led by HCSWs in schools and Community Health Connector events in the community</p>	Awaiting the cohort data reports for the reception year results.

ChatHealth	Young people needing advice or support can access ChatHealth - a confidential text service which puts them in touch with SHNs. It is a secure and confidential text messaging service available to 11-19-year-olds that offers a way for young people to contact SHNs easily and anonymously for advice on issues such as, bullying, emotional health, relationship problems, alcohol, and drugs.	The Chathealth service is overseen by SHNs Monday - Friday.
National Child Measurement Programme - Reception & Year 6 This is a nationally mandated annual programme.	The HCSWs undertake the weighing and measuring of the young people. If there are any issues for the children following these measurements the SHN team can provide healthy living advice and engage families onto the HENRY programmes. HENRY is a parenting programme that supports Healthy Lifestyles. Children, young people and their families can also self- refer for any concerns they have for their weight or lifestyles.	This was paused nationally during the pandemic in 2020 and 12% of schools in 2021 were measured. 2022 saw a return to all children being measured.
Drop-in arrangements	Due to the pandemic and staffing capacity these have been paused in many schools.	A survey currently underway asking teachers and young people how they would like access to the SHNs – if they would like a drop-in, how would they like this delivered. There is one secondary school drop-in per district being delivered to aide experience for new staff and SHN students.
Sexual Health Service	This is promoted through the Chathealth service.	SHNs responding to sexual health support as needed.
Parents' evenings and New Starter evenings	Attendance at parents/carers events e.g., parents' evenings to raise the profile of the service, deliver public health messages and offer information and advice	Due to staffing capacity these have not been attended. The service is currently devising videos and information to be disseminated at these sessions.
One to one support for young people for improvement	By referrals from schools, self-referrals from families and young people themselves, the SHNs can provide a 6-week package of low-level mental health one to one	Over the past 6 months the SHNs have had the WRAPP training and have now started taking referrals for this provision. One to one low level

<p>of poor emotional wellbeing or behavioural issues</p>	<p>support through the Wellbeing, Resilience and Positivity Programme (WRAPP). The WRAPP sessions can be delivered with the young person within their home, their school or in a venue within the community. The SWP service works very closely with the 'Mental Health in Schools' service, 'Reach 4 Well-being' and other mental health provisions available from other providers, including voluntary organisations. The service works with these providers to ensure that there is no duplication within the provision and the best placed service is provided, where able, for the individual young person.</p> <p>The online low level mental health provision is also promoted to schools and young people are signposted to these such as Young Minds and Kooth.</p>	<p>mental health support is also given to young people on an ad-hoc basis, through self-referral, or through the Chat Health provision.</p>
<p>Health Promotion</p>	<p>SHN teams will provide access to a range of health-related information through a variety of media e.g., apps, websites, posters. This will include contact details for the service and information/advice on a variety of health and wellbeing topics.</p> <p>Work is underway to develop pre-recorded health education programmes of care, so that these can then be available to parents/carers out-of-hours. This provides opportunity for those who may normally need to take time off from work or prefer not to access face to face services, to have access to advice and support from a School Nurse at a time that is convenient to them.</p>	<p>Many health promotion events have been facilitated across the county within community settings such as libraries, shopping areas and local parks.</p>

Launch of the service and effects of the pandemic

- At the beginning of the pandemic, when the SWP would have launched its services, the Public Health Nurses (Health Visitors and School Health Nurses)

paused their services as nationally mandated to do so. However, the service continued to support the most vulnerable children and families, all new birth visits, and health checks for the youngest babies. As provision increased there were further impacts of the pandemic on the service:

- Impacting on staff sickness, workload, and time available to implement, offer support and follow up. This was compounded by high vacancy rates.
 - School closures in the spring of 2020 and again in early 2021 have necessitated a pause in work directly in schools.
 - More challenging to communicate effectively with schools because of closures and restricted visiting, as well as the need for both schools and Public Health Nursing teams to prioritise response to the changing situation in the pandemic.
 - Slowing the rate of the School Screener roll out and response rates, described below, when schools remained closed.
7. To ensure the schools and families continued to have access to the school nurse service, a referral form for schools was introduced in October 2022 and ChatHealth, a confidential text service, was also promoted for young people to be able to access the School Health Nurse (SHN) anonymously for support. Virtual sessions were also made available.
 8. For parents there were workshops and parenting groups made available via virtual means, the SWP was also able to access additional funding to loan laptops for those families who had no means to access virtual provision.
 9. During September 2022 a 'SHN Access and Response' triage system was also implemented. This enabled SHNs to have insight of all incoming work for SHNs. They can act swiftly to the need and provide some information to families including young people. If the family need more support, then this work will be passed to the SHN within the appropriate district. This way of working has already seen many benefits; quicker responses, streamlining systems to save SHNs' and administrators' time. A full evaluation of this system will be undertaken in March 2023.

School Health Nursing service – Numbers of School Nurses, schools and school-aged children and young people

10. The SHNs form part of the SWP team. There are 27 whole time equivalents (wte) SHNs within the service offer. Half of these are Specialist Public Health Nurses with specialist public health expertise and the other half being Community Staff Nurses. The School Health Nurses are also supported by 10 wte Health Care Support Staff.
11. These SHNs serve the 99,196 5–19-year-olds within Worcestershire (2019 data) in the following schools:

School	Number of schools
Primary	176
Middle	19
Secondary	30
Pupil Referral Units	4
Total	243

12. The SHNs also support any child or young person not in education, e.g. Home schooled children.

Capacity and Recruitment of School Health Nurses

13. Nationally, there is a shortage of SHNs. According to the Royal College of Nursing, the number of school nurses has fallen by 30 per cent over the past decade and the effect of this is seen in Worcestershire. Feedback gained from SHNs is that they are leaving the profession due to the increasing safeguarding work, burnout, and few opportunities for career progression.

14. Over the last 4 years there has been an average of 4 wtes leave the service per year and an average of 2 retirements per year. In the last 2 years 50% of SHNs aged 55 years and over, who have retired, have returned on less hours. Over the next 2 years there is a potential 10 SHNs who may decide to retire when they reach 55 years of age.

15. At the time of this report the Worcestershire SHN capacity is as follows:

Post	Should have in post (wte)	Those that are in post (wte)	% in post	In post after sickness/ maternity leave (wte)	% of those in post after sickness/ maternity	WTE Gap after sickness/ maternity leave (wte)	Currently being inducted (wte)
Specialist SHN Band 6	13.30	11.46	86%	11	82%	1	0
SHN Band 5	13.30	8.11	61%	4.12	31%	9.3	0.60 wte
TOTAL	26.60	19.57	74%	15.12	57%	16	0.60

57% of the funded SHN posts are currently working in the service.

16. There have been 6 wte SHN's recruited who will start between January and September 2023. The SHNs commencing in post in September are a mixture of new graduates and newly qualified Specialist Public Health Nurses. Recruitment continues.

17. To mitigate the effects of those SHNs leaving the profession, a significant amount of recruitment has taken place within the SWP. This, in the main, has been for the Community Staff Nurses, most of which have no previous experience of school health nursing, and some have been newly qualified nurses. The aim is for the service to 'grow their own' Specialist Public Health School Nurses by providing work-based experience and training.

18. Once in post for two years these nurses are encouraged to access the Specialist training. The usual funding is for 2 nurses per year to be trained, however the service is looking to increase this number. This training takes one year at university and the students spend 2 days per week within the workplace. Whilst

this approach is supporting the SHN workforce of the future, it does have an impact on the nurses currently in post. The SHN must train and assess these students in addition to their usual workload. This is further impacted by the additional workload due to vacant SHN posts.

19. The Service has used some of its underspend to add capacity within the Herefordshire and Worcestershire Health and Care NHS Trust Integrated Safeguarding Team (IST) to take some of the workload away from the core SHN service. Capacity can be built within this team more easily as a short-term measure due to the nature of the work. The team have been able to attend the children and young people's strategy meetings that SHNs previously had to attend.

School Health Nurse team and schools

20. Whilst school is a key place to deliver services it needs to be recognised that School Nursing services are for the school aged population and therefore need to extend beyond the school to provide support in the communities that they live and beyond the school day.

Introduction of the School Screener Health Needs assessment questionnaire

21. Before the current contract schools had 2-3 hours of SHN time each week per Secondary school. This time included a drop-in, which encompassed sexual health support and one-to-one appointments to see children and young people. However, there are now core elements of the service that are '**Universal in Reach – Personalised in Response**' which is based on 4 levels of service depending on individual and family needs: community, universal, targeted and specialist levels of support.
22. The School Screener Health Needs assessment questionnaire is how the service will achieve this in Worcestershire. The electronic questionnaire is a universal way of gaining health and well-being information for the individual child and young person.
23. The assessment questionnaires are designed for self-completion, by parents in the case of reception age children and the young person themselves in Years 6 and 9. Depending on the responses received, the system raises a series of flags for triage: red, amber, or green. Each response highlights the need, e.g., if a young person ticked that they self-harm on the questionnaire this would trigger a 'red flag' on the School Screener system. The SHN would then contact the young person and the response to this need would be personalised accordingly.
24. In 2021, the service piloted this way of working with 5 schools who expressed an initial interest in the pilot: 3 primary and 2 secondary schools. For the results from the pilot see **Appendix 1**.
25. In October 2022 the service rolled out the School Screener to primary schools and prioritised the schools within the most deprived areas. In the future all schools will be asked to take part in this, however, staffing capacity enabled us to carry out the school screener in 60 schools.

26. 283 parents/carers completed the Health Needs Assessment for their child from the 60 schools taking part. Of these, 34 resulted in 'red' flags. The School Health Nurse teams are currently working through these red flags and then will respond to the amber flags.
27. Once each school year cohort has completed their questionnaires and these have been acted upon, a cohort report can be provided to all schools to show the outcomes. This report will show various themes arising in the year group such as childhood obesity, lack of dental care, management of behaviour, families struggling to feed their children. The SHNs will share this report with schools.

Engagement with schools

28. Whilst relationships between schools and the SHN service had some challenges during the pandemic and recovery period, the SHN service has introduced the 'Annual Conversation' to help improve on this. The conversation template is attached as **Appendix 2**. Each year the named SHN will meet with each school to discuss the SHN provision for the coming year. It is also to understand the needs of each school. At this meeting, the results from the School Screener cohort will be shared, together with any other information the SHN may have in relation to the health needs of the children and young people. It will be the forum where the SHN can further explain the SHN service offer, and the schools can, in turn, share their challenges. This information is then taken back to the wider SWP team to look at how best the partnership can support that school.
29. From September 2022 to December 2022, the SHNs have focused on those schools within the most deprived areas initially due to staff capacity. The following Annual conversations have taken place:

Primary schools	15
Middle schools	8
High schools	12

Co-production with Schools and Young people

30. In addition to the annual conversations, teachers and young people are currently being asked to complete a survey on elements of the SHN service. It asks what they would find useful from the service and how they would like to access SHN provision. An example of this is the school drop-ins. Previously, schools would have had a SHN drop-in. These usually took place within the lunch hour; however, many schools have since reduced the lunch break to half an hour, as a result, the SHNs saw a decline in young people attending. The survey results from young people, so far show that they would like a variety of options to access the SHNs, school drop-in, community drop-in, virtual and text access. The survey is still open, when closed, the results will be collated, and service planned according to the feedback gained.

Safeguarding

31. Safeguarding children is embedded through the model as School Health Nurses have a vital role in keeping children safe and supporting local safeguarding arrangements. With the current capacity within the SHN team being 57%,

approximately 50% of current SHN time is spent on Safeguarding work. Reduced staffing has impacted significantly on the existing workforce and with the increase in the level of safeguarding across the County has further impacted on their ability to deliver the full school nurse service. Only being able to deliver a small proportion of the public health school nurse service together with the high level of safeguarding has led to poor morale for the SHNs in post. **Appendix 3** sets out the increase in safeguarding work.

Early Help assessments

32. Previously, the SHN would have met with some schools to discuss certain children and young people that may have emerging needs, often these were called Vulnerability meetings. Whilst the service plans to continue to have these meetings, especially to discuss the School Screener health questionnaire results for some children and young people, the SWP service will be encouraging schools to adopt them as 'Early Help meetings' and gain the consent from families and young people, as per guidance, to discuss a potential Early Help Assessment and plan for these children. The SHN and other SWP team members may be involved as appropriate.

Outcomes

33. Whilst the SHN service must build on current achievements, there is more progress to be made. This is partly due to the impact of the pandemic and staff capacity issues. Whilst the service is unable to report on the numbers of young people and children seen due to current national issues with electronic patient records, it should be noted that despite this some positive work has been undertaken.

Referrals

34. From when the referral form for schools was introduced in October 2022, the service has received 70 referrals for School Health Nursing.

Safeguarding

35. The service has undertaken the work as seen in Appendix 3 as a priority despite only having 57% of the workforce e.g., following up A&E attendances, safeguarding work and the looked after children health assessments, most of which have increased in numbers.

ChatHealth

36. This confidential text service has also been promoted for young people to be able to access the SHN anonymously for support and there has been an increase in those contacting the service and being supported by the SHN.

Year	How many messages from Young People received into Chathealth and responded to by SHN	Main themes.
2019	517	<ul style="list-style-type: none"> • Emotional well-being • Sexual health • Weight management • Drug and alcohol • Covid advice • Deliberate self-harm
2020	1,813	<ul style="list-style-type: none"> • Covid-19 Advice • Deliberate Self Harm • Emotional Well Being • Sexual Health
2021	1,776	<ul style="list-style-type: none"> • Covid-19 Advice • Deliberate Self Harm • Emotional Well Being • Sexual Health • Weight Management
2022	Awaiting figures from Chathealth	Awaiting themes from Chathealth

Parenting Groups offered to Parents/Carers of school aged children

	April 2021 – March 2022	April 2022 – September 2022 (6 months)
Number of Parents attending	211 parents	299 parents
Improved parenting capacity after attending parenting groups	Average of 80% showed improvement	Average of 86% showed improvement

Staff

37. SHNs have been part of a Task & Finish group that has looked at every element of the service to see how it could be improved for families. Part of this has been updating of pathways to ensure they are evidence based and reflect the high impact areas so families will get the best service.
38. The service has ensured that the staff have received training tailored to meet the high impact areas and the pathways in place. This includes ongoing WRAPP training and the roll out of WRAPP.
39. The service has implemented a Project Manager role that oversees, supports, and guides all new staff and students to ensure their induction and placements

are positive ones which will in turn aid retention. This way of working has had positive feedback from newcomers.

40. Despite the staffing issues the service has been committed to providing new staff and students with positive experiences and has facilitated a school nurse drop-in in one school per district to promote learning for new starters at a time of stress within the service.
41. Extensive, successful recruitment has taken place that will support the workforce for the future.
42. The team has received excellent feedback for comprehensive Looked After Children health assessments being undertaken.

Systems and processes

- Innovative work within the service's systems and processes will help improve outcomes.
- Annual conversation with schools which will include the themes and data from the School Screener.
- The development of the Access and Response team (Triage) and online referral form for ease of access for schools and other professionals.
- Development of pathways for enabling home schooled children, young people, parents, and carers to access the service.
- Marketing plans are now in place to promote Chathealth and other elements of the service.

Purpose of the Meeting

43. The Panel is asked to:

- Consider and comment on the information provided on the School Health Nursing service within the Starting Well Partnership;
- Agree any comments to highlight to the Cabinet Member; and
- Determine whether any further information or scrutiny on a particular topic is required.

Supporting Information

Appendix 1 - School Screener Health needs questionnaire pilot response rate and 'flag' outcome

Appendix 2 – Annual Conversation with Key Teacher

Appendix 3 – Current Safeguarding Demand data

Contact Points

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Background Papers

In the opinion of the proper officer (in this case the Democratic Governance and Scrutiny Manager (Interim Monitoring Officer)) there are no background papers relating to the subject matter of this report.

[All agendas and minutes are available on the Council's website here.](#)

Appendix 1

School Screener Health needs questionnaire pilot response rate and 'flag' outcome

	Cohort	Not tested	Red	Amber	Green	% Response rate
Primary school 1 Reception	64	39	9	2	0	17.2
Primary school 1 Year 6	50	41	8	0	1	18.0
Primary school 2 Reception	55	50	3	1	1	9.1
Primary school 2 Year 6	55	38	9	5	3	30.9
Primary school 3 Reception	60	39	12	6	3	35.0
Primary school 3 Year 6	60	22	24	9	5	63.3
High school 1 Year 9	252	226	11	10	5	10.3
High school 2 Year 9	144	61	33	38	12	57.6
Total	740	516	109	71	30	28.4

Appendix 2

Annual Conversation with Key Teacher

*The SHN 'offer' to each school maybe different, according need and circumstance including School Nurse availability, room availability in school.

<p>Date: <i>(to be added at the time of the conversation)</i></p>	<p>Head Teacher / Named School Link:</p> <p>School/Setting: <i>(to be added at the time of the conversation)</i></p>	<p>What happens with this form? Please complete all areas of this form with the Key Teacher and save a copy of this form</p> <p>Once complete the SHN and Key teacher to sign and have a copy.</p>
<p>Contact Names / Details</p> <p>DSL: SENCO: Head of Pastoral Care:</p> <p>Heads of Year:</p> <ul style="list-style-type: none"> • 7: • 8: • 9: • 10: • 11: <p>Head of Sixth Form:</p>	<p>Numbers of Children</p> <ul style="list-style-type: none"> • LAC: • CPP: • CIN: • Early Help: • Free School Meals: • Pupil Premium: • English as a foreign Language: • Refugees: • EHCP: • NEET: • Young Carers: 	<p>Key Themes for School from Screener:</p> <p>School priorities:</p> <p>Current School Provision: ie: Counsellor, Blues, West Team, Act on it team</p> <p>Room Availability: Break Times:</p>

Key:

Primary Age Offer

Secondary-High School Age Offer

Offer to all ages

<p>Core Offer for Primary aged children and High school aged children</p>	<p>Areas of discussion for clarity:</p>	<p><i>Agreed details of the Universal Delivery</i></p>
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		Confirm space arrangements needed and working arrangements:
<p>Chat health 11-19 year olds</p> <p>Confidential Texting Service: 07507 331750 / 9-4 Monday to Friday</p> <ul style="list-style-type: none"> Send flyers, cards, banner and video's to school <p>Chat Health Video: https://youtu.be/BjI4WQ23f8Y</p>	<p>Are school happy to have a banner, poster, cards and videos to share in assemblies, newsletters, school website?</p> <p>Chat Health School Champions Year Group / Numbers / Meetings</p> <p>School Engagement workshops after October half term in some schools</p>	
<p>Website/Social media information</p> <ul style="list-style-type: none"> New Starting Well Partnership website - https://www.startingwellworcs.nhs.uk/ Wyre Forest Facebook page - https://www.facebook.com/StartingWellWyreForest Redditch and Bromsgrove Facebook page - https://www.facebook.com/StartingWellRB South Worcestershire Facebook page - https://www.facebook.com/StartingWellSouthWorcs 	<p>Does the school have links to the Starting Well website on their school websites?</p> <p>Could the SHN 'Offer/Information' be included on school newsletters?</p>	
<p>Referrals</p> <p>School to send all referrals to ART (Access and Response Triage)</p>	<p>Referral form on Starting Well Partnership under website: https://www.startingwellworcs.nhs.uk/shreferral</p>	
<p>T4U Session arrangements</p> <ul style="list-style-type: none"> Emergency Contraception provision Pregnancy Testing Sexually Transmitted infection referrals Condom Provision Healthy Relationship advice Health Promotion Emotional Health Advice / Support Children on Child Protection, child in need looked after children plans - may need face to face appointments and appointments maybe accommodated outside of drop in. <p>Face to Face / Teams appointments</p>	<p>Ascertain if school is unable to provide the appropriate space for a safe drop-in, then unfortunately, we will be unable to provide a face to face drop-in.</p> <p>Face to Face - this could be more frequent if school and SHN staffing levels/workload allows.</p> <p>All day - This will depend on school room accessibility etc. The SHN could only be free to the YP and school at specific times and for specific periods of times if based all day within schools. If the SHN needs to attend a virtual Safeguarding meeting etc- a 'do not disturb' sign may be placed of the door.</p> <p>If the school is unable to share Wi-Fi passwords, then unfortunately, we will be unable to offer this service.</p>	<p>Sessions currently on hold due to staffing capacity in Localities. This will be reviewed on feedback from Young people.</p>

<ul style="list-style-type: none"> • SHN may wish to stay in the school all or most of the day to enable access for YP to see SHN if their lunch breaks are staggered etc (SHN will do their other work, not just seeing CYP) • SHN's may use a drop in to follow up with YP after an A&E attendance or DA log or Get Safe notifications • Will need Wi Fi access within school • Will need confidential room that is well ventilated to see CYP preferably can have the windows open / Secure storage • Ideally the room should be near to a toilet in case a YP needs a pregnancy test, • School would have to pre-arrange the appointments and liaise with SHN regarding the pupils they need to see. • Link Member of staff needs to be identified to support access to appointments for pupils • Explanation why SHN needs to wear PPE 	<p><i>Clarify the disposal of PPE in school, where to dispose of aprons and gloves etc. Will it be the SHN responsibility to clean the rooms after use? If it is, are school ok if we bring in our own cleaning equipment.</i></p> <p><i>This could be more frequent if school accessibility and SHN staffing levels allow.</i></p> <p><i>Clarify email use for YP</i> <i>Clarify internet safety</i></p> <p><i>Clarify cleaning arrangements</i></p>	
<p>WRAPP</p> <ul style="list-style-type: none"> • This is a 6 week programme which aims to build emotional resilience. A mental Health assessment will need to be completed prior to any offer of the programme and risk assessment completed. The programme can be delivered face to face or virtually to children aged 11-19 within Secondary Education. • Emotional support is offered around, relationships, sexual health advice (if school allows this), drugs, alcohol and smoking issues and self-harm, gender identity, sexual orientation, low mood, healthy weight management etc. • SHN's can email worksheets/information to young people and talk them through these either face 2 face, virtually using Teams or on the phone. • Please note the YP may not want this information posted to them at home. 	<p><i>F2F</i> <i>Phone</i> <i>Teams</i></p>	
<p>Early Help discussion meetings (*Previously vulnerability meetings)</p> <ul style="list-style-type: none"> • Schools may wish to have Early Help discussions around vulnerable children with parental consent and can invite SHNs to attend 	<p><i>Clarify what the school would prefer to do for Early Help meetings</i> <i>Phone</i> <i>Teams</i> <i>F2F</i> <i>Termly? As needed?</i></p>	

<p>Universal Assessments</p> <p>School Screener Digital Assessment Platform: https://schoolscreener.com/</p> <p>SHN will carry out health screening to reception, Year 6 and year 9 children. (Priority will be given to high IMD Schools)</p> <ul style="list-style-type: none"> • Reception Children: 19th September until December 2022. • Year 6 children: Beginning of Summer term until Sats in May 2022 • Year 9 children: January – Easter 2022 <ul style="list-style-type: none"> • This way of screening will highlight to the SHN, and the school, CYP who may need additional information or support, this may include signposting to online support for enuresis, healthy eating etc. • The School Screener also provides whole year group data identifying emerging themes such as obesity issues etc, which we will share with you in supporting your School Improvement plans. • Audiology screening for reception children will be offered via school screener from Nov 2022 • The National Child Measurement programme for reception and year 6 children will be offered via School Screener in the Spring Term 2023 	<p><i>Ensure the school is aware of this and clarify schools will need to enable access to the YP to complete these.</i></p> <p><i>Videos have been developed for parents and school administrators to explain the new way of working. There is also a step by step infographic for parents on how to register on the Parent Portal:</i></p> <p><i>School Video:</i> https://www.youtube.com/watch?v=3QlozleacGU</p> <p><i>Parent Video:</i> https://www.youtube.com/watch?v=QUO22QXeoz8&t=8s</p> <p><i>Parent Infographic:</i> https://schoolscreener.com/infographic-download/</p> <p><i>Clarify that the school will be given the data for the cohort of children from the school screener in regards to themes etc</i></p>	
<p>Parenting Partners Offer – Virtual and face 2 face Evidence based parenting groups are offered by our Parent Support Workers. Parents of children aged 0-19 years can access this via a self-request or a professional referral on this link.</p> <p>https://www.startingwellworcs.nhs.uk/request-support</p> <p>More information on the evidenced based courses available are on the new Starting Well Partnership website.</p> <p>https://www.startingwellworcs.nhs.uk/parenting-groups https://www.startingwellworcs.nhs.uk/familyhubs</p> <p>If school would be interested in hosting a parenting group please contact your District Parenting Provider:</p>	<p><i>Would the school like a copy of the parenting booklet emailed to them?</i></p> <p><i>*TRANSCAKE VIRTUAL GROUP FOR YOUNG PEOPLE aged 13-19 WHO ARE LGBTQ or GENDER QUESTIONING AND SAFE SPACE A VIRTUAL SUPPORT GROUP FOR PARENTS with young people of any age.</i> https://www.startingwellworcs.nhs.uk/identity</p> <p><i>Virtual and Face 2 Face Groups:</i></p> <ul style="list-style-type: none"> • <i>Birth and Beyond</i> • <i>Peep</i> • <i>Henry (Up to age 5)</i> • <i>Henry Growing up (Primary age)</i> • <i>Understanding your baby</i> 	

<p>Wyre Forest: Barnardo's</p> <p>Malvern, Wychavon & Worcester: Action for Children:</p> <p>Redditch and Bromsgrove: Redditch Borough Council</p>	<ul style="list-style-type: none"> • <i>Understanding your Child</i> • <i>Understanding your Child with ASD</i> • <i>Understanding your Teen</i> • <i>Incredible Years</i> • <i>Incredible Years ASD</i> • <i>Fussy Eating Webinars</i> 	
<p>Contact details</p> <p>Ensure school has contact detail of the service and generic district email address</p> <p>Starting Well Partnership: One Simple Number: 01905 520032</p> <p>Website address: www.startingwellworcs.nhs.uk</p>		
<p>Other comments/discussions:</p>		

Appendix 3

Current Safeguarding demand data

A&E notifications – SHN's make contact with the young people and families that have been to A&E as required.

Year	Number of notifications	comments
2018	37,506	
2019	39,492	
2020	26,702	Impacted by Covid
2021	36,135	Partially impacted by covid
2022	39,480	These are the figures up until end of November 2022

Child protection plans

Date to:	Number – all ages	Number – school age
4/8/2019	481	318
2/8/2020	642	454
1/8/2021	417	275
1/10/2022	559	390

Looked After Worcestershire Children

NB: Each school aged Looked after Child requires a health Assessment to be undertaken each year, this takes over one working day to complete in full.

Date to:	Number - all ages	Number – school age
06/08/2018	824	684
08/08/2019	816	711
02/08/2020	816	691
01/08/2021	882	752
23/12/2022	996	822